

# **CREDENTIALS**

**DR PRASANNA NARASIMHARAO**

## EXECUTIVE BIODATA DR PRASANNA NARASIMHA RAO

Dr Prasanna Narasimha Rao, was born in October 1961 to Sri Subraya A and Smt. Kaveramma, in a small agricultural family in remote village-Mundaje of Belthangady Taluk, Dakshina Kannada district of Karnataka. He pursued primary and high school education in Govt. Higher Primary School in same village and Bachelor of Ayurvedic Medicine and Surgery (BAMS) from Mangalore University. Through national entrance test, he has been selected for Post- graduation in Ayurveda at Banaras Hindu University (BHU) in 1986. After persuasion of Post-graduation degree, Diploma in Yoga, he was selected for Doctorate course (Ph. D) in the same university through entrance test. He was granted with Juniorresearch fellowship (1989-90). He did research on “Role of Agnikarma (thermotherapy) in malignancy” and submitted thesis in the year 1993 and awarded with Ph. D degree in 1994.

He served Banaras Hindu University as clinical registrar and then senior resident during 1990-93, in Dept. of Shalya Tantra, Faculty of Ayurveda, Institute of Medical Sciences. During the time he performed Kshara Sutra therapy in fistula-in-ano and over 600 general surgeries. He was unanimously elected as President of junior doctors association, BHU in the year 1989 and strived to bridge Allopathy, Ayurveda doctors and students of University. Due to the continuous persuasion, the residency scheme was introduced in Faculty of Ayurveda, Institute of Medical Sciences, BHU. NABH Assessor Course for AYUSH Hospitals. National Accreditation Board for Hospitals & Healthcare Providers (NABH), Quality Council of India, ND, 2010.

He chose to join Sri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital, Hassan (Estd. 1992) in Oct. 1993 and served in various cadre and presently serving as Professor and Head of institution. The continuous effort, systematic programme and planning could change the scenario about awareness of Ayurveda & healthcare. By today, the Ayurvedic teaching hospital at Hassan is healing over 1.5 lakh outpatients and 10,000 inpatients per year across the country and overseas.

Over the period of two decades, he could build team of faculty imparting quality Ayurveda education and hands-on training to students across the country and abroad in under graduation, Post- graduation in 15 specialties, doctorate courses and certificate programmes. Dedicated effort in evidence based research and skill development programmes in Ayurveda made about 21 overseas universities, Govt. Ayurveda colleges and NGOs to enter into *memorandum of understanding* for exchange of knowledge and resources.

He is involved in development of academic activities of Rajiv Gandhi University of Health sciences, Karnataka, Bengaluru right from inception, in various capacities like member - faculty, board of studies, academic council, senate, syndicate, chairman-Ph. D committee, local inspection committees and other committees constituted for specific purpose from time to time. He endeavored to establish the minimum standards for affiliated AYUSH colleges and start Ph. D programmes for AYUSH faculty at RGUHS. During his tenure as Dean, faculty of Ayurveda, Siddha, Unani, Yoga & Naturopathy of RGUHS, the faculty members of affiliated colleges were encouraged for research and publication by introducing scheme of financial assistance. Being member of examination reform committee, he put sincere efforts to bring essential modifications to make examination system more transparent and student friendly. Considering academic, research experience and expertise extended in academic bodies of RGUHS, Faculty of Ayurveda unanimously elected him as representative of University at Central Council of Indian Medicine, New Delhi (apex body) in 2011 for a period of 3 years.

Recognizing academic acumen, administrative skill and leadership quality, Central Council of Indian Medicine, New Delhi unanimously elected him as member of executive council (EC) for the period of Oct. 2011 to Feb. 2014. During the period, as member of high level committee, constituted by Ministry of Health & Family Welfare, GOI, recommended utilization of readily available Ayurveda, Siddha & Unani (ASU) doctors under NRHM and other National Health programmes for strengthening National Health Service and a report was submitted to Ministry. To empower ASU doctors, separate syllabus for bridge course in modern medicine for undergraduates and specialists, were prepared by the subject experts of modern medicine and submitted to Ministry under his convener ship. Recommendations of

the planning commission of India to involve ASU doctors resulted into addition of over 50,000 ASU doctors in National Health Programmes and NRHM.

He was instrumental in the restructuring / formation & implementation of new syllabus for BAMS, MD/MS (Ayurveda) (22 specialties) & Post- graduation diploma courses (18 specialties) as Convener. Minimum standard requirements (MSR) for Ayurveda college & hospitals was first time notified after 40 years of existence of CCIM during his membership in executive committee to ensure quality Ayurveda education & healthcare throughout country. National programme in Kshara Sutra (phytoalkaline thread) and geriatrics was recommended to introduce during his tenure as Member, EC.

He also acted as convener for workshop to bridge heads of ASU Colleges, officials of CCIM, Heads of Dept. of AYUSH of state and central Govt. in respect of minimum standard requirements of Ayurveda, Siddha & Unani colleges & hospitals. He has organized 92 workshops sponsored by Govt. of India to sensitize medical officers of modern medicine (GoK) about AYUSH medical systems.

He actively involved in community health awareness programmes through radio talks (Radio Sanjivini), television (Nitya Sanjivini), and national service schemes from time to time.

India having a great heritage of medical education & healthcare can lead the globe with holistic approach of healing systems. He has a vision of streamlining medical education by introducing single under graduation course where basics and essence of all systems of medicine are taught and specialties of different healthcare systems during Post-graduation. He would like to be a torch bearer of holistic health service - grass root level to international community through research, education and service.

**Dr Prasanna Narasimha Rao**

#5410, Vasista Ayurveda,

Old Housing Colony, Ravindra

Nagara, Hassan-573 201, Karnataka

Mob: 9448064277, Email: profpnrao@gmail.com

## BIODATA

### Dr. PRASANNA NARASIMHA RAO

**Principal & Medical Supdt.**

**Date of Birth:**13.10.1961 (Thirteen October Nineteen Sixty One)

**Age:**55 years



### I. CONTACT DETAILS

- **Office:**

Sri Dharmasthala Manjunatheshwara College of Ayurveda & Hospital (SDMCA&H), Hassan-573201, Karnataka

Phone: +91-8172-256461, 256463 Fax: +91-8172-256464,65 Mobile: +91-9448064277

Email: profpnrao@gmail.com, sdmcah@gmail.com, college@sdmcahassan.org

Website:[www.sdmcahassan.org](http://www.sdmcahassan.org)

- **Residence:**

No. 5410, "Vasista", Old Housing Board Colony, Ravindranagar, Hassan-573201, Karnataka, India. Phone : +91-8172-264277, Website: [vasista-ayurveda.co.in](http://vasista-ayurveda.co.in)

### II. ACADEMIC QUALIFICATION

- **Graduation:** Bachelor of Ayurvedic Medicine & Surgery (BAMS), Mangalore University, Mangalagangothri, Karnataka, 1985
- **Post Graduation:** Doctor of Medicine (Ayurveda) - Shalya Tantra (Surgery in Ayurveda), Banaras Hindu University, Varanasi, India, 1989
- **Diploma:** Diploma in Yoga, Banaras Hindu University, Varanasi, May, 1989
- **Doctorate:** Doctor of Philosophy (Shalya Tantra), Banaras Hindu University, Varanasi, 1994
- **NABH Assessor Course** for AYUSH Hospitals. National Accreditation Board for Hospitals & Healthcare Providers (NABH), Quality Council of India, New Delhi, 2010

### III. PROFESSIONAL ENROLLMENT TO STATE & CENTRAL COUNCIL

- **Karnataka Ayurveda & Unani Practitioners Board (KAUPB), Bangalore - 10944**
- **Central Council for Indian Medicine, New Delhi, CR/AY/KAR/85166**

### IV. CURRENT POSITION

#### A. ACADEMIC (TEACHING)

- **TOTAL TEACHING EXPERIENCE - 28YRS (13-09-1989 TO TILL DATE)**
- **RESEARCH (PHD) GUIDE (12 YRS):**  
*Institution:* Dept. of Shalya Tantra (Surgery in Ayurveda), SDM College of Ayurveda & Hospital, Hassan since 2005 batch to till date.
- **POST GRADUATE TEACHER/GUIDE/JRF (TOTAL 21 YRS):**  
*Institution:* Dept. of Shalya-Shalakya (Surgery in Ayurveda), Faculty of Ayurveda Institute of Medical Sciences (IMS), Banaras Hindu University (BHU), Varanasi, UP13-09-1989 to 27-08-1990 (Junior Research Fellow) (1 yr) 28-08-1990 to 27-08-1993 (Clinical Registrar / Senior Resident) **(3 yrs)&**  
*Institution:* Dept. of Shalya Tantra (Surgery in Ayurveda), SDM College of Ayurveda & Hospital, Hassan Sept. 2000 to till date **(17 yrs)**
- **PROFESSOR IN POSTGRADUATE DEPT. (13 YRS):**  
*Institution:* Dept. of Shalya Tantra (Surgery in Ayurveda), SDMCA&H, Hassan, since Jan, 2004
- **UNDER GRADUATE TEACHER (24YRS):**  
*Institution:* Dept. of Shalya Tantra (Surgery in Ayurveda), SDM College of Ayurveda & Hospital, Hassan (20-10-1993 to till date)

#### B. PROFESSIONAL PRACTICE

- **REGISTERED MEDICAL PRACTITIONER / CONSULTANT AYURVEDIC SURGEON (28 YRS)**  
Dept. of Shalya Tantra, BHU, Varanasi (1989-93), SDM Ayurveda Hospital, Hassan & Vasista Ayurveda Center, Hassan (1993 till date)
- **AUTHORIZED MEDICAL OFFICER (22 YRS)**  
Master Control Facility, Indian Space Research Organization (ISRO), Hassan (Govt. of India) since 01-01-1995

- **ASSESSOR, NATIONAL ACCREDITATION BOARD FOR HOSPITALS & HEALTHCARE PROVIDERS (AYUSH) (07 YRS)**  
NABH, Quality Council of India, New Delhi since May, 2010
- **MEMBER OF PEER TEAM,** National Assessment and Accreditation Board (NAAC), Bangalore

### **C. MEMBERSHIPS IN VARIOUS UNIVERSITY / COUNCIL / BOARDS / BODIES**

- **MEMBER, ACADEMIC COUNCIL,** Rajiv Gandhi University of Health Sciences, Karnataka **(by virtue of rotation among Heads of Institution) since 2017**
- **MEMBER OF FACULTY OF AYURVEDA (SINCE 2010)** Kerala University Of Health Sciences, Thrissur, Kerala, (1) dt. 04-12-2010 for 2 yrs (2) dt. 17-01-2012 for three years (3) 18-06-2015 till date
- **MEMBER, SELECTION COMMITTEE & Examiner** for Undergraduate, Post-graduation & Ph.D. in various universities
- **MEMBER, SCIENTIFIC ADVISORY COMMITTEE (3 yrs)** Institute for Post Graduate Teaching & Research in Ayurveda, Gujarat Ayurved University, Jamnagar, Gujarat (dt. 12-08-2014 )
- **MEMBER, PH D REGISTRATION COMMITTEE,** Rajiv Gandhi University of Health Sciences, Karnataka since 2016
- **CHAIRPERSON, INSTITUTIONAL ETHICS COMMITTEE (5 YRS)** Hassan Institute of Medical Sciences (HIMS), Hassan since 22-08-2012
- **MEMBER, EXPERT COMMITTEE (1 YR)** Yenepoya University, Mangalore (dt. 26-02-2016)
- **MEMBER, GOVERNING COUNCIL,** SDM College of Ayurveda & Hospital, Udupi since 2016
- **MEMBER, ADMINISTRATIVE COMMITTEE,** SDM Institute of Ayurveda & Hospital, Bengaluru
- **ADVISOR MEMBER, PHARMACY GOVERNING COUNCIL,** SDM Ayurveda Pharmacy, Udupi since 1995
- **LIFE MEMBER,** Indian Red Cross Society, Hassan Branch, Hassan
- **PATRON MEMBER,** Ayurvedic Post Graduates Association®, Mumbai (dt. 14-09-2007)

#### D. RESEARCH EXPERIENCE : (ANNEXURE-I)

- **Guide for Ph. D Programme** (RGUHS/Ph D/RC/ISM/2d/2005-06 dt. 18-05-2005) RGUHS, Karnataka, two completed and three ongoing Doctorate (PhD) Research Works
- **Guide for Post- graduation - Shalya Tantra** (ACA/PGTAY/SDMCA/ HASS/ 10/2003-04) RGUHS, Karnataka, guided 36 Post Graduate Research works including 4 ongoing Research
- **Research Projects Undertaken as Principal Investigator / Study Director – 2**
- **Project Director for Major / Minor Projects : 37**
- **Editor / Advisor / Peer reviewer / Exe. Member for National and International Research Journals / Publication – more than 10 journals**
- **Research Publications in National / International Index Peer Reviewed Medical Journals:** Published **55** Research Articles in 24 Journals of National and International Repute

#### E. EXAMINER / ADJUDICATOR, BAMS, MD / MS (AYURVEDA) (PG) AND PH D (AYURVEDA) IN VARIOUS UNIVERSITIES:

1. Rajiv Gandhi University of Health Sciences, Karnataka
2. Maharashtra University of Health Sciences, Maharashtra, Nashik
3. Banaras Hindu University, Varanasi
4. Bharathi Vidyapeeth Deemed University, Pune
5. Gujarat Ayurveda university, Jamnagar, Gujarat
6. Dr Babasaheb Ambedkar Marathwada University, Auragabad, Maharashtra
7. Padmashree Dr D. Y Patil University, Navi Mumbai, Maharashtra
8. Dr Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur
9. H N B Garwal University, Srinagar (Garwal), Uttarakhanda
10. Dr NTR University of Health Sciences, Vijayawada, Andhra Pradesh
11. Himachal Pradesh University, Shimla, Himachal Pradesh
12. University of Delhi South Campus, New Delhi
13. Mangalore University, Mangalagangothri, Karnataka
14. University of Pune, Pune, Maharashtra
15. University of Mysore, Mysore, Karnataka
16. Kuvempu University, Davanagere, Karnataka



## V. ACADEMIC POSITIONS / MEMBERSHIP HELD IN GOVT OF INDIA / GOVT OF KARNATAKA / UNIVERSITIES / NGOS

### A. MEMBER / FACULTY OF ACADEMIC COUNCIL / BOARD OF STUDIES

- **Member of Academic Council** KLE University, Belgaum, w.e.f 01-04-2013 for 2 years
- **Faculty Member, Faculty of Indian Systems** of Medicine including Ayurveda, Unani & Naturopathy & Yoga, RGUHS, Bangalore, w.e.f. 16.02.11 for 3 yrs (dt. 02-02-2011)
- **Member of Faculty of Ayurveda & Siddha** Kerala Uni. Of Health Sciences, Thrissur, Kerala (dt.04-12-2010) for 2 years
- **Member of Board of Studies (Undergraduate) (Ayurveda)** Pondicherry University, Ponchicherry (dt.03-09-2010)
- **Member of Board Studies in Shalya Tantra** National Institute of Ayurveda, Rajasthan Ayurveda University, Jodhpur (dt.04.04.09)
- **Member, Board of Studies (Ayurveda)**, Amruta Vishwa vidyapeetham, Kollam, Kerala, India (dt. 05-04-2009)
- **Member of Board of Studies in Shalya Tantra**, Banaras Hindu University, Varanasi for a period of 2 yrs. From 08.08.07 (dt. 09-08-2007)
- **Member**, Board of Studies in Ayurveda (PG) RGUHS, Bangalore, (dt. 05.08.2003)
- **Member of Board of examiners (UG)** year-2001 Govt Ayurvedic Medical College, Mysore (University of Mysore) (dt. 20-05-2001)
- **Member**, Faculty of Indian System, Unani, Homeopathy, Yoga & Naturopathy, RGUHS, Bangalore (dt. 30.10.2000)
- **Member of Board of Studies**, Indian System of Medicine, Uni. Of Mysore, Mysore, from 09.04.95 to 22.05.98 (dt. 09-04-1995)

## B. SELECTION COMMITTEE MEMBER

- **Member of Selection Committee** Teaching Posts in Shalya Tantra in National Institute of Ayurveda, Jaipur (19-10-2016)
- **Member of Assessment Promotion Committee** To consider promotion of lecturers to nonfunctional posts of asst. professors at National Institute of Ayurveda, Jaipur, Rajasthan held in Shalya Tantra, Sharira Rachana & Sharira Kriya 15.04.13 (dt. 10-04-2013)
- **Member of Selection Committee** For Teaching Posts in Shalya & Shalakyia Tantra in National Institute of Ayurveda, Jaipur 26.06.09 (dt. 04-06-2009)
- **Subject expert of Shalya Tantra, PhD Registration Committee** (Ayurveda, Unani including Naturopathy & Yogic Sciences), RGUHS, Bangalore (dt.05-05-2005) for 2 years
- **Chairman Ph D Registration Committee**, Ayurveda Faculty (ex-officio) (dt. 16-04-2010)
- **Member, PhD Registration Committee** (Ayurveda, Unani including Naturopathy & Yogic Sciences), RGUHS, Bangalore, dt.16-05-2008 for 2 years

## C. CONVENER / MEMBER / EXPERT OF WORKSHOP FOR REFORMATION OF POLICIES

- **Convener of One Day Preliminary Workshop**, Bridge Course in Modern Medicine regarding Empowerment of AYUSH Doctors, organized by & held at Central Council for Indian Medicine, New Delhi on 03-07-2013
- **Member**, in Meeting regarding reforms in the **Educational methods of Ayurveda**, 9, Apr, 2016 organized by CCIM, New Delhi
- **Convener of Two Days Workshop**, Bridge Course in **Modern Medicine regarding Empowerment of AYUSH Doctors**, organized by Central Council for Indian Medicine, New Delhi, held at BJ Medical College, Pune on 23-24, 12-2013
- **Member of Expert committee**, Dept. of AYUSH, Govt. of Karnataka to review Swarnamruta Prashana programme (dt. 24.05.11)

## D.CONVENER / MEMBER OF VARIOUS SYLLABUS REFORMATION COMMITTEES

- **Member**, Meeting to Review the PG **Syllabus** of Shalya Tantra / Shalakya Tantra/ Swasthavrita & Yoga on 15-16, June 2017 organized by CCIM, New Delhi
- **Member**, Meeting to Review the PG **Syllabus** of Shalya Tantra on 29, July, 2017 organized by CCIM, New Delhi
- **Convener**, National Workshop on BAMS & MD/MS (Ayu) **Syllabus** (in accordance with 2012 regulations held at Institute for Post Graduate Teaching & Research in Ayurveda, Gujarat Ayurved University, Jamnagar Gujarat dated 3-5, 06-2016
- **Convener in the Workshop**, Bachelor of Ayurveda Medicine & Surgery (BAMS) syllabus 2012 to draft the **syllabus** in accordance to newly notified regulation, organized by Central Council of Indian Medicine, New Delhi On 18-19, 07-2012 (dt. 17-07-2012)
- **Chief Convener**, National Workshop on BAMS & MD/MS (Ayu) **Syllabus** (in accordance with 2012 regulations held at Institute for Post Graduate Teaching & Research in Ayurveda, Gujarat Ayurved University, Jamnagar Gujarat on 16-18, 08-2012
- **Chief Convener of Workshop**, Clarify the content of undergraduate **syllabus** (in accordance with 2012 regulation), organized by Central Council of India, New Delhi held on 06-07, 11-2012.
- **Convener**, for National Workshop on Post Graduate **syllabus** 2012 (draft) conducted by Central Council of Indian Medicine, New Delhi held on 28-29, 07-2012
- **Member of expert committee**, To frame the **syllabus** for starting of two year integrated course for Ayurveda graduates formed by RGUHS, Bangalore (dt. 21-05-2011)
- **Member of Expert Committee**, Finalize the **syllabus** of preliminary subject of PG course in Sangyahan of Ayurveda, organized by Central Council of Indian Medicine, New Delhi (dt. 20-08-2010)

- **Member of Core Committee**, Finalize **syllabus** of Post Graduate Diploma Course in Ayurveda, constituted by Central Council of Indian Medicine, Dept. of AYUSH, MoH&FW. GOI, New Delhi (dt. 24-08-2009)
- **Co-convenor National Workshop 2009- Bangalore**, Review the **Syllabus** of UG/PG Courses of Ayurveda, organized by Central Council for Indian Medicine (CCIM) New Delhi, held at Sri Sri College of Ayurvedic Science & Research Bangalore, 17-20, 02-2009 (dt.20-01-2009)

## VI. ADMINISTRATIVE POSITIONS / MEMBERSHIP HELD IN GOVT OF INDIA / GOVT OF KARNATAKA / UNIVERSITIES / NGOS

### A. MEMBER / DEAN - CENTRAL BODIES / STATE BODIES / UNIVERSITIES

- **Member of Executive Committee**, Central Council of Indian Medicine, Dept. of AYUSH, Ministry of Health & Family Welfare, GOI, New Delhi from 17-10-2011 to 17-02-2014
- **Member of Central Council of Indian Medicine**, Elected unanimously among members of Faculty of Ayurveda, RGUHS, Bangalore to CCIM, Dept. of AYUSH, MoH&FW, GOI, New Delhi, (Gazette of India No- 1928 10-10- 2011, From 27-04-2011 to 17-02-2014)
- **Dean**, Faculty of Ayurveda, Yoga, Naturopathy, Unani, Siddha (AYUSH), RGUHS, Bangalore  
2 Terms: (1) From 18.02.10 for period of 2 yrs, (dt.15-02-2010)  
(2). Feb, 2014-Feb, 2016
- **Member of Syndicate**, in the capacity of Heads of the Institution from 13.06.09 to 12.06.10 (dt. 10-06-2009), Rajiv Gandhi University of Health Sciences, Karnataka
- **Member of Senate**, in the capacity of Heads of the Institution nominated by Chancellor (Governor of Karnataka) 11.06.2006 for a period of 3 years(dt. 02-06-2006)
- **Member/ Chairman**, Local Inspection Committee for inspection of colleges seeking fresh/renewal of affiliation, constituted by RGUHS, Bangalore **47** times
- **Member, National Task Force for Kshara Sutra Campaign**: Teaching & Training Modules for Surgeon's Training Programme on Ksharasutra Therapy, Dept.of AYUSH, MoH&FW, Govt. of India, New Delhi (2008)
- **Member Secretary**, Committee constituted by Govt. of India, Ministry of AYUSH to suggest specific steps to be taken on recommendation of task force [Ref: 2.28015/124/2014 PPC (Part-II) dated 28-06-2016]. (dated 28-06-2016)

- **Member of expert committee**, prepare the guidelines and parameters to identify institutions which might be eligible to be considered as “Centre of Excellence” formed by RGUHS, Bangalore. (dt. 07-05-2016)
- **Member of Committee**, To review the financial assistance extended to colleges/ institutions regarding research, constituted by RGUHS, Bangalore (4 Times) 2005-06 (dt.31.01.2008), 2006-07 (dt.21.02.08), 2008-09 (dt.17.12.08), 2010-11 (dt.21.07.10)
- **Member of Committee**, to formulate draft statutes under section 33(1)(G) of RGUHS Act 1994 relating to course under Ayurveda, Homeopathy constitute by RGUHS, Bangalore (dt. 29-05-2002)
- **Convener, Vice Chancellor’s Conclave**, organized by Central Council of Indian Medicine, MoH&FW, GOI, New Delhi (dt. 30-01-2013)
- **Member of Advisory Board** Sreedhareeyam Center for Excellence for Netra Chikitsa, Koothattukulam, Ernakulam (dt.27.01.10)
- **Member of Committee**, in matter of notification of minimum standards & requirements of Ayurveda & College and Hospital, constituted by Central Council of Indian Medicine, New Delhi (dt.22-06-2012)
- **Member of Committee**, Finalize the visitation proforma of Ayurveda, Unani and Siddha College, constituted by Central Council of Indian Medicine, Dept of AYUSH, MoH&FW, GOI, New Delhi (dt. 19-12-2011)
- **Member of Committee**, Drafting of regulations on “Minimum standards Infrastructure Requirements for Ayurvedic Post Graduate Institutions” by Central Council of Indian Medicine, New Delhi (dt.22,23-09-2015) (dt.22,23-09-2015)
- **Member of Committee**, drafting regulations about clinical establishments – 21-22, 03-2016) (dt 21-22, 03-2016), Central Council of Indian Medicine, New Delhi
- **Technical Committee Member- AYUSH Centers:** National Accreditation Board for Hospitals & Healthcare Providers (NABH-AYUSH), Quality Council of India, New Delhi (dt.27.02.2009)
- **Member**, Workshop Road map to Ayurveda Research to discuss, gather, summarize and document recommendations for establishing International research institute of Ayurveda (IRIA) at Mascot hotel, Thiruvananthapuram on 30<sup>th</sup> March 2017 (Ref. Mail dated 23.03.2017]
- **Member of committee** : (1) For strengthening National Health Services by utilizing readily available ASU Doctors under NRHM and other National Health Programmes (2) Empowerment of AYUSH Doctors to practice modern medicine

for contributing in the National Health Programmes, constituted by dept. of AYUSH, MoH & FW, Govt of India, New Delhi (dt. 23.11.11)

- **Member of Committee on State Level Campaign on Kshara Sutra** constituted by Dept. of AYUSH, Govt of Karnataka, Bangalore (dt. 23-01-2008)
- **Member of Committee**, To restarting 2 years course on Integrated Medical system constituted by Dept. of AYUSH, Govt of Karnataka, Bangalore (dt. 29-01-2011)
- **Member of Fellowship Programme** in HIV medicine Committee to frame the syllabus, Govt of Karnataka, Bangalore (dt. 06-08-2011)
- **Member of Sub Committee**, To look into grievances of students related to examination wherein students are put into hardship, constituted by RGUHS, Bangalore (dt. 27.05.08)
- **Member of Committee**, to look into alleged lapses / professional mis-conduct of teaching and non teaching employees, constituted by RGUHS, Bangalore for a period of one yr. (dt.03.08.09)
- **Member**: in assessment team for the on site surveillance of Maharshi Ayurveda Hospital on 25 - 26.06.2017
- **Member / Chairman**, Visitation Committee to verify the availability of teaching staff / other requirements for teaching & training programme as per minimum standard requirements (MSR) of Ayurveda colleges, (dt. 12-05-2012)
- **Member of Committee**, Preparation of list of visitors for visitation of 13A proposals Constituted by Central Council of Indian Medicine, Dept. of AYUSH, MoH&FW. GOI, New Delhi (dt. 25-11-2013)
- **Member, Organizing Committee**: 4<sup>th</sup> World Ayurveda Congress & Arogya Expo with Focal Theme – Ayurveda For All held at Palace Grounds, Bengaluru, Karnataka, organized by Dept. of AYUSH, Gol & Vijnana Bharathi, New Delhi held between 09-13,12-2010
- **Member of screening committee**, Screen visitation report of Ayurveda College, constituted by Central Council of Indian Medicine, New Delhi(dt. 13.04.2012)
- **Member of scrutiny committee**, Scrutinize the declaration form of Ayurveda teachers, constituted by Central Council for Indian Medicine, New Delhi (dt. 21-12-2012)
- **Member of scrutiny committee**, Declaration forms of all teaching staff of Karnataka constituted by Central Council of Indian Medicine, New Delhi (dt. 06.03.13)
- **Member of Departmental Promotion Committee**, Regarding confirmation of Group-C and D employees of Council constituted by Central Council of Indian Medicine, Dept. of AYUSH, MoH&FW. GOI, New Delhi (dt. 03-09-2013)

- ***Authorized medical Attendant (AMA)***: Appointment of Regd. Medical Practitioner as AMAs for treatment of officials of Dept. of Post at Hassan, Office of Post Master General, SK region, Bangalore-1 (dt. 30-12-2005)

## VII. MEMBER IN COMMITTEES OF NON-GOVT ORGANIZATIONS

- **Member** of Chutuku Sahitya Parishad Central Committee (dt 24-05-1997)
- **Secretary**, Principal's Forum of Ayurveda Colleges, Karnataka State, From 2003 to 2006
- **Executive body member**, Association of Anesthesiologists of Indian medicine, Varanasi, (dt. 26-10-2007)
- **Executive body member**, Association of Anesthesiologists of Indian medicine, Varanasi, (dt 26-10-2007)
- **President of Karnataka State Chapter** of All India Ayurvedic Specialist (PG) Association, Delhi, (dt. 18-01-2010)
- **Member of Advisory Committee**, of AYUSH Federation of India (AFI), Karnataka, Hassan District Branch, Hassan, (dt. 09-10-2010)
- **President of Karnataka State Units**, of All India Ayurvedic Specialist (PG) Association, Delhi (dt. 18-01-2010)
- **Member of Advisory Committee**, of AYUSH Federation of India (AFI), Karnataka, Hassan district branch, Hassan (dt. 09-10-2010)
- **Member of advisory Board**, Birla Research & Life Sciences Ltd. Mumbai, (dt. 19.06.2011)
- **President**, Sankskritha Bharathi, Hassan District Branch, Since April 2011
- **Adviser**, to Shri Jagadguru Gavisiddheshwar Ayurvedic Medical College, Koppal since 15-01-2014

## VIII. INVITED RESOURCE PERSON / GUEST SPEAKER FOR NATIONAL / INTERNATIONAL / SCIENTIFIC SEMINARS / WORKSHOP / CONFERENCE / TRAINING PROGRAMMES / CME / ROTP

- Govt. of India, New Delhi including Dept of AYUSH, MoH&FW, MHRD, Rastriya Ayurveda Vidyapeeth & CCRAS, Central Council of India Medicine - **69**
- Govt. of Karnataka including National Rural Health Mission, Karnataka - **37**
- Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore - **10**
- Other Universities - **21**
- Non-Govt. Organization including both Karnataka and outside Karnataka - **74**



## IX. SEMINAR / WORKSHOPS/ RORIENTATION TRAINING PROGRAMMES ORGANIZED

- Organized by SDMCA&H, Hassan **56**
- CME Programme, Workshop and Seminars, sponsored by NRHM, **17**  
Coordinated by Dept. of AYUSH, MoH&FW, GoK
- CME, RoTP) for Teachers of Ayurveda, Workshop and Seminars **19**  
Coordinated by Rastriya Ayurveda Vidyapeeth, New Delhi, sponsored by  
Dept. of AYUSH, MoH&FW, GOI

## X. AWARDS AND ACCOLADES

- **Sushrutha Rathna**, National Sushrutha Association, Banaras Hindu University, Varanasi, 20-10-2000
- **Jewel of India**, International Institute of Education & Management, New Delhi, 2000
- **HB Jwalannaiah Cultural Award**, Jwalannaiah Samskrutika Vedike, Hassan, 23-11-2005
- **Akshara Abhisheka Award**, Jilla Sakshara Samiti, Hassan, 4-12-2004
- **Koota Vaidya Bandhu**, Koota Mahajagattu, Saligrama, Dakshina Kannada, 26-09-2004
- **Dhanwantari Award**, Ayurveda Swasthya Parishat, Mysore, 2005
- **Ayurveda Chanakya**, International Academy of Ayurveda Physicians, Jamnagar, 21-10-2007
- **Certificate of Excellence- Top Ten Consultants:** SDM Educational Society®, Ujire (1) 2006-07 (dt. 02-07-07), (2).2007-08 (dt.01-07-2008), (3) 2013-14 (dt. 01-07-2014)
- **Award Of Appreciation** : Alumini Association, Ayurveda Mahavidyalaya, Hubli, Nov, 2007
- **Award of Vocational Excellence**, Rotary Club, Hassan, 10-04-2008
- **Certificate Of Honour**, National Services Scheme, RGUHS, Karnataka, 18-06-2010
- **Bhishak Shree**, Sri Sri College of Ayurveda Sciences & Research Hospital, Bangalore, 14-12-2013

## XI. VISITING PROFESSOR / GUEST LECTURE – OVERSEAS UNIVERSITIES / INSTITUTES

- **Invited Guest Lecture in International Ayurveda Congress**, Organized by Adishakti Company, Paris, France, May, 2005
- **Series of Guest Lectures** on Initiation Course regarding Indian Philosophy and Medicine at Tapovan Centre for Yoga and Ayurveda, Normandy, France, 19-30, 05-2005
- **Resource Person** in 3<sup>rd</sup> International Colloquium on Ayurveda, organized by Tapovan Centre for Yoga and Ayurveda, Normandy, France, 21-22, 05-2005
- **Invited Guest Lecture** at Centre of Ayurveda and Yoga at Atlantida, Brussels, Belgium 2005
- **Invited Guest Lecture** on the Topic of 'Researches on Ayurvedic management of urinary calculi' during Svastha Ayurveda Conference organized by College of Ayurveda, London in partnership with Middlesex University, London, 31.03.07 to 02.04.07
- **Visited as Invited Guest Lecture** at Govt. Ayurveda College, Colombo, Srilanka, April, 2008
- **Visited** Jetwin Ayurvedic Centre & Osuki Infertility Care Centre, Colombo, Srilanka, April, 2008
- **Visited** One Tech Ayurveda Centre, Singapore and Malaysia, May, 2008
- **Invited guest speaker** in 6<sup>th</sup> Colloquium of Ayurveda, at Normandy, France, 16-26, 05-2008
- **Invited guest speaker** in TAPOVAN Institute for Yoga & Ayurveda, Paris, France the topic 'Basic course on Philosophy & Indian Medicine, May 26 – June 22, 2008
- **Invited Delivered lectures** on various aspects of Ayurveda at Reidman Institute of Complementary Medicine, University of Tel-Aviv, Tel-Aviv, Israel, 23.12.08 to 31.12.08
- **Invited guest lectures** on Ayurveda at Nippon Ayurveda School, Tokyo, Japan, 16.01.09 to 25.01.09
- **Addressed citizens of Tokyo** and discussed on Holistic approach on Rearing children 20.01.09

- **Presented paper** at Ayurveda-2009: National Indigenous Health Care Exhibition & Symposium, sponsored by The National Chamber of Commerce of Sri Lanka, Colombo, Sri Lanka, 23-25.05.2009
- **Invited guest speaker** in 8<sup>th</sup> Colloquium of Ayurveda, at Normandy, France, 17-19, 09-2010
- **Invited Guest Lecture in International Ayurveda Congress**, Organized by Adishakti Company, Paris, France, 14-17, 09-2010
- **Invited guest lectures** at 3<sup>rd</sup> Swastha International Ayurveda Conference at Colombo, Srilanka, 2-3, 01-2010
- **Invited guest lecture** at Zen Pediatric Hospital, at Biel, Switzerland, 23-26, 09-2010
- **Chairperson in International Symposium: Ayurveda Expo 2011, Colombo, Srilanka 2011**, 16-17, 07-2011
- **Invited Guest Speaker** in Seminar on Rasa Kalpana on topic of Swarna Prashana at Colombo, Sri Lanka, organized by Chamber of Commerce, Sri Lanka, 03-07-2015
- **Invited guest speaker** in Ayurveda Expo 2016 – International Indigenous Health Care Exhibition & Symposium, BMICH, Colombo organized by the National Chamber of Commerce of Srilanka on 08-10 July 2016, 08-10/07-2016

## XII. SOCIAL SERVICES

- **RADIO TELECASTS:**

**Delivered series of radio talk** entitled “Radio Sanjeevini” on important health topics from Hassan FM Radio Station, Hassan during year-2007 approximate 20 programmes

- **TELEVISION APPEARANCES:**

Delivered more than **106 episodes of public awareness TV programme** namely “**Nitya Sanjeevani**”, half-hour daily Ayurveda Health Awareness Programme, which was telecasted in E-TV Kannada / DD Chandana Channel.

- **PARTICIPATIONS IN SOCIAL WELFARE THROUGH NSS ACTIVITIES**

Has participated in several programmes of National Service Scheme programmes organized by various institutions and universities, as guest speaker

and has effectively delivered health talks to rural publics on Ayurveda and is key in taking Ayurveda to the rural population.

- **GUEST APPEARANCE IN MEDICAL & ALLIED INSTITUTES**

Has been invited in various programmes organized by medical and allied sciences Institution as chief guest, inaugurator.

- **GUEST APPEARANCE IN NON-MEDICAL INSTITUTIONS**

Invited as special / chief guest in various programmes / celebrations organized by non-medical Institutions

Date:28.07.2017

**sd**  
**Dr Prasanna Narasimha Rao**

## ANNEXURE-I

### IA.DOCTORATE (PHD) RESEARCH WORKS UNDER FACULTY OF AYURVEDA, RGUHS, KARNATAKA, BENGALURU

1. Biradar Vijay Kumar, Rao Prasanna N. A Comparative Study of Kaseesadi Avachuranana And Jatyadi Ghrita Application in the Management of Dushtavrana. Doctorate thesis. Bangalore: RGUHS. Yr of Registration: 2007.
2. Patil Siddanagouda A, Rao Prasanna N .Evaluation of Lakshadiksheerapaka long bone fracture healing. Doctorate thesis. Bangalore: RGUHS. Yr of Registration: 2007.
3. Mishra Pravesh Kumar, Rao Prasanna N. Preventive Effect of Gandhaka Rasayana Guggulu In Post Operative Sepsis Doctorate thesis. Bangalore: RGUHS. Yr of Registration: 2007.
4. Desai Mahesh D, Rao Prasanna N. Effect of Jalaukavacharana in the management of Vranashopha (Inflammatory Swellings). Doctorate thesis. Bangalore: RGUHS. Yr of Registration: 2007.
5. Dr Duradundi Gudasi, A Comparative Clinical Study Of The Adjuvant Effect Of Jalukavacharana ,Manjishtadi Kshara Basti Along With Oral Medication Over Oral Medication Alone In The Management Of Thromboangiitis Obliterans, Doctorate thesis. Bangalore: RGUHS. Yr of Registration: 2016.

### IB. POST GRADUATE RESEARCH WORKS UNDER FACULTY OF AYURVEDA, RGUHS, KARNATAKA, BENGALURU

1. Raghavi Nag R, Rao Prasanna N. Roleof Agnikarma And Matra Basti Inthe Management Of Vatakantaka; Postgradaute dissertation. RGUHS, Bangalore Batch:2014-2015
2. Shyam Purushottam Warma, Rao Prasanna N. Comparative Clinical Study On Effect Of Papaya Ksheerasutra With Apamarga Ksharasutra In The Management Of Bhagandara (Fistula-In-Ano); Postgradaute dissertation. RGUHS, Bangalore Batch:2014-2015
3. Dr Shivani Chouskey, clinical study on Effect of Vajra Kshara in management of Yakriddalyudara (Hepatomegaly), Postgradaute dissertation. RGUHS, Bangalore Batch:2015-2016
4. Dr Santhosh Shankar Satyarthi, Clinical Study of Bhallatakadi Modaka in the Management of Pittaja Arshas (Haemorrhoids) Postgradaute dissertation. RGUHS, Bangalore Batch:2015-2016
5. Muralidhara N, Rao Prasanna N. Effect of Pratisaraneeya Kshara in Ardra Arshas. Postgraduate dissertation. Bangalore: RGUHS. 2003.
6. Aradhyamath Siddayya, Rao Prasanna N. Effect Of Durvadi Ghrita on Madhumehajanya Vrana. Postgraduate dissertation. Bangalore: RGUHS. 2002-03.

7. Kumar Vijay, Rao Prasanna N. Management of Dusta Vrana with special reference to Virechana. Postgraduate dissertation. Bangalore: RGUHS. 2003-04.
8. Agrawal Vishal, Rao Prasanna N. Management of Gridhrasi w.s.r to Siravyadha, Scholar. Postgraduate dissertation. Bangalore: RGUHS. 2004.
9. Kullooli Vivekanand, Rao Prasanna N. Agnikarma in the Management of Arshas. Postgraduate dissertation. Bangalore: RGUHS. 2005.
10. Kasture Viabhav Vallabha. Study of Chedana Karma in Surgical Practice. Postgraduate dissertation. Bangalore: RGUHS. 2006.
11. Balaraddi Shivaputra L, Rao Prasanna N. Effect of JalaukavaCharana in the management of Pittaja Dustha Vrana. Postgraduate dissertation. Bangalore: RGUHS. 2006.
12. Bacchav Manisha Kashinath, Rao Prasanna N. Effect of Tilakalkadi Lepa In The ManagementOf Tridoshaja Dusta Vrana. Postgraduate dissertation. Bangalore: RGUHS. 2006.
13. WaghRupesh P, Rao Prasanna N. Effect of Apamarga Paneeya Kshara In TheManagement of Udarashula with special reference to Biliary Colic. Postgraduate dissertation. Bangalore: RGUHS. 2006.
14. Remya VR, Rao Prasanna N. Effect of Aragwada Pratisaraniya Kshara in the management of Ardra Arsha. Postgraduate dissertation. Bangalore: RGUHS. 2007.
15. Betgeri Santosh S. Effect of Jalaukavacharana in the management of Pittaja Vrana Shopha. Postgraduate dissertation. Bangalore: RGUHS. 2007.
16. Tanuja MP, Rao Prasanna N. Shodhana Effect of Kaseesadi Avachurnana in the Management of Dushta Vrana. Postgraduate dissertation. Bangalore: RGUHS. 2008.
17. Pradeepa MS, Rao Prasanna N. Effect of Eladi Yoga in the Management of Mutra Ashmari. Postgraduate dissertation. Bangalore: RGUHS. 2008.
18. Kothia Manish Madhukant, Rao Prasanna N. Effect of Madhu Kshara Sutra along with Pancha Tikta Guggulu Ghritha in the Management of Bhagandara. Postgraduate dissertation. Bangalore: RGUHS. 2008.
19. Anitha HR, Rao Prasanna N. Role of Savaranikarana Lepa in the management of Rudha Vrana. Postgraduate dissertation. Bangalore: RGUHS. 2009.
20. Janet Esther. Rao Prasanna N. Role Of Tagaradi Compound In The Management Of Pre-Operative Anxiety. Postgraduate dissertation. Bangalore: RGUHS. 2009.
21. Kumar Sachin, Rao Prasanna N. Effect of Doorvadi Gritha In The Management Of Parikartika (Fissure-in-Ano). Postgraduate dissertation. RGUHS, Bangalore; 2009.
22. Singh Maheshwar, Rao Prasanna N. Role of Mishrita Pratisaraneeya Kshara In The Management Of Ardra Arshas. Postgraduate dissertation. Bangalore: RGUHS. 2010.
23. Ramya R, Rao Prasana N. Effect of Nyagrodadi Lepa in ankle sprain. Postgraduate dissertation. Bangalore: RGUHS. 2010.

24. Varun Behl, Rao Prasanna N. Role of Surasadi Taila In Kaphaja Dushta Vrana As Shodhana Effect. Postgraduate dissertation. Bangalore: RGUHS. 2010.
25. Keerthi Prakash B, Rao Prasanna N. Effect Of Gokshura Vati In The Management of Mutra Ashmari. Postgraduate dissertation. Bangalore: RGUHS. 2011.
26. Patil Pankaj B, Rao Prasanna N. Effect Of Vrana Basti In The Management Of Dushta Vrana. Postgraduate dissertation. Bangalore: RGUHS. 2011.
27. Yadav Vikas S, Rao Prasanna N. Effect of Kadali Kshara Sutra In Management Of Mutrashmari. Postgraduate dissertation. Bangalore: RGUHS. 2013.
28. Abhay Prakash, Rao Prasanna N. Effect Of Virechana Karma And Jaloukavacharana In The Management Of Venous Ulcer. Postgraduate dissertation. Bangalore: RGUHS. 2014.
29. Sreerag MV. Rao Prasanna N. Effect Of Sapthachada Pratisaraneeya Kshara In The Management Of Ardra Arshas. Postgraduate dissertation. Bangalore: RGUHS. 2014.
30. Sujatha BW, Rao Prasanna N. Effect Of Mulaka Kshara In The Management Of Mutra Ashmari. Postgraduate dissertation. Bangalore: RGUHS. 2014
31. Mangalath Manu R, Rao Prasanna N. Efficacy Of Agnimantha Pratisaraneeya Kshara In The Management Of Ardra Arshas. Postgraduate dissertation. RGUHS, Bangalore. Batch:2012-2013
32. Gunarathne KCP, Rao Prasanna N. Role of Kanchanara Guggulu and Varuna Kwatha Choorna in the Management Sthana Granthi with special reference to Fibroadenosis of Breasts. Postgraduate dissertation. RGUHS, Bangalore. Batch:2012-2013.
33. Dr Dhyan Surendran, Rao Prasanna N. Effect of vipareeta malla taila pichu in the management of dushta vrana with special reference to diabetic ulcer, postgraduate dissertation. rguhs, bangalore. batch:2013-2014.
34. Dr Akani Aparna, Effect of pipplyadi ghrita matra basti in the management of ardra arshas, postgraduate dissertation. rguhs, bangalore. batch:2013-2014.

#### IC. PROJECT DIRECTOR FOR MAJOR / MINOR PROJECT : (37)

SI	Title	Investigator/s	Sponsored by	Status
1.	Clinical Evaluation Of Mahatriphaladya Ghrita In The Management Of Allergic Conjunctivitis.	Dr Ashwini MJ Dr Elsy Lukose	Dept of AYUSH, New Delhi	Completed (July, 12)
2.	Clinical Evaluation Of Maha Triphaladya Ghrita In The Management Of Dry Eye Syndrome (Shushkakshi Paka).	Dr Nalini C Dr Ashwini BN	Dept of AYUSH, New Delhi	Completed (July, 12)
3.	Clinical Evaluation of Kanchanara Guggulu and Varuna Kwath Churna in the Management of Benign Prostate Hypertrophy (BPH).	Dr Hemant Kumar P Dr Vishwabharati	Dept of AYUSH, New Delhi	Completed (July, 12)

4.	Clinical Evaluation of Punarnavadi Mandura And Dadimadi Ghrita in the management of Iron Deficiency Anaemia,	Dr Shailaja U Dr Sarita N	Dept of AYUSH, New Delhi	Completed (July, 12)
5.	Clinical Evaluation of Laksha Guggulu and Mukta Shukti Pishti in the Management of Osteopenia / Osteoporosis	Dr Gopikrishna BJ Dr Brijesh Singh	Dept of AYUSH, New Delhi	Completed (July, 12)
6.	Clinical Evaluation of Rasayana Effect of Ashwagandhadi Lehya in Apparently Healthy Elderly Persons : Clinical trial.	Dr Narayana Prakash B Dr Savita HP	Dept of AYUSH, New Delhi	Completed (Dec, 12)
7.	Effectiveness of Ayurveda & Allopathy Medicine on Anaemia Among High School Students of Hassan District	Dr Prasanna N Rao Dr Girish KJ Dr Reena K	Dept of AYUSH GoK	Progress
8.	A Clinical Trial on Evaluation of Cap Sugof in Madhumeha (Diabetes mellitus)	Dr Prakash L Hegde	SG Phyto Pharma, Kolhapur	Completed
9.	Purim Extract Route tablet in Chronic dermatitis	Dr T B Tripathy	Himalaya Drug Company Bangalore	Progress
10.	Role of Rajayapana Basti and Baladi Yoga in the Management of Vatavyadhi WSR to Cerebral Palsy	Dr Shailaja U	RGUHS	Completed (Jan, 12)
11.	A Comparative Clinical Trial on Insulin Plant (Costus Igneus) and Haridhra (Curcuma longa) in Madhumehahara (Diabetes mellitus)	Dr Prakash L Hegde Dr Harini A	RGUHS	Completed (2014)
12.	Physico-Chemical Study of Panchatiktaka Ghrita Prepared with and without Ghrita Murchana	Dr Prasanna N Rao Dr Vinay K	RGUHS	Progress (year of sanction-2011)
13.	A Clinical Study on Efficacy of Kumarabharana Rasa in the Management of Tundikeri in Children	Dr Shailaja U Dr Vijayalakshmi	RGUHS	Progress (year of sanction-2011)
14.	Role of Atmaguptadi Churna in the Management of Premature Ejaculation	Dr Srinivasa S Dr Girish KJ	RGUHS	Progress (year of sanction-2011)
15.	Effect of Shatyadhi Kashaya in Amavatha (Rheumatoid Arthritis)	Dr Laxmiprasad L Jadhav	RGUHS	Progress (year of sanction-2011)
16.	A Comparative Study on the Effect of Sitakarpooora Seka and Triphala Kashaya Seka on Congestion in Vernal Kerato-Conjunctivitis	Dr Gururaj Anil Bhat Dr Amarnatha HK	RGUHS	Progress (year of sanction-2011)
17.	A Study on Deha Prakriti with special reference to Anthropometry	Dr Shivaprasad Chiplunkar	RGUHS	Progress (year of sanction-2011)
18.	Observational Study on Plain Ghrita as Shodhananga Snehana with special reference to Eka-Kushta (Psoriasis Vulgaris)	Dr Muralidhar P Pujar Dr Ashwini Kumar	RGUHS	Progress (year of sanction-2010)
19.	A Clinical Study on Effect of Asthanga Lavana in Madatyaya	Dr Narayana Prakash B Dr Suhas Shetty	RGUHS	Progress (yr of sanction 2010)
20.	Clinical Assessment of Vrishya Basti and Amrithaprasha Ghrita Uttarabasti in the Management of Erectile Dysfunction	Dr Girish KJ	RGUHS	Progress (year of sanction-2010)
21.	A Clinical Study of Hypolipidaemic Effect of Bhavita Amalaki	Dr Kavita MB	RGUHS	Progress (yr of sanction-2010)



22.	Preparation and Physico-chemical Analysis of Ksharasthaka : A comparative Study with Tankana	Dr Basavaraj Y Ganti Dr Govinda Sharma	RGUHS	Progress (year of sanction-2010)
23.	Critical edition of Lolimbaraja's Vaidya-jeevana incorporating the important commentaries	Dr Shrinath M Vaidya Dr Mallika KJ	RGUHS	Progress (year of sanction-2012)
24.	Study of Janu Sandhi(Knee Joint) of Heavy Vehicle Drivers	Dr.B.G Kulkarni Dr Swati Bedekar	RGUHS	Progress (year of sanction-2012)
25.	Development Of An Objective Parameter For Agni Parikshana With Reference To Jaranakala Of A Unit Quantity Of Lajamanda	Dr Neha D Gadgil Dr Akshar A Kulkarni	RGUHS	Progress (year of sanction-2012)
26.	A Survey on Prakruti and Praanavaha sroto vikaaras	Dr.Pratibha Kulkarni	RGUHS	(year of sanction-2012)
27.	Preparation of Antibacterial Discs from Ayurvedic Drugs	Dr Mallika KJ	RGUHS	(year of sanction-2012)
28.	An Open Label, Single Arm Clinical Trial on Effectiveness and Safety of Caspa-A Herbal, Carminative, Anti-spasmodic Drops in Infantile Abdominal Colic In Children between 2 to 24 Months of Age	Dr Shailaja U	Vasu Healthcare	Year 2015
29.	An Open Label, Single Arm Clinical Trial on Effectiveness and Safety of Zeal Herbal Granules in the Management of Allergic Bronchitis	Dr Mallika KJ	Vasu Healthcare	Year 2015
30.	Antimicrobial action of Dhupana(Fumigation with Herbs) with respect to air borne microbes in indoor environment of central hospital	Dr Nisha Kumari	RGUHS	Year 2015
31.	Efficacy Of Swarnamrithaprashana On Promotion Of Immunity In Children – A Randomized Double Blind Clinical Trial	Dr Shailaja U	RGUHS	Year 2016
32.	Analytical And Experimental Study Of Sumukti-An Indigenous Formulation And Its Controlled Clinical Evaluation On Alcohol Dependency	Dr Govinda Sharma K	RGUHS	Year 2016
33.	Molecular Detection Of Multidrug Resistance Bacterial (Mdrb) Isolates From Humans And Efficacy Of Herbo-Mineral Preparations On MDRB	Dr Nandesh Mohan	RGUHS	Year 2016
34.	A Survey On Traditional Practices Of Snake Bite Management In Hassan District Of Karnataka	Dr Chaitra H	RGUHS	Year 2016
35.	Development Of Atlas Of Microscopy And Chromatography Of Some Polyherbal Formulations Used In Ayurveda	Dr Anuradha K N	RGUHS	Year 2016
36.	A Single Blind Randomized Active Controlled Clinical Study On Bharangi Mula Arka And Salbutamol Nebulization In Acute Exacerbation Of Bronchial Asthma	Dr Manjunatha Adiga	RGUHS	Year 2016
37.	An Open Labelled Comparative Clinical Study To Assess The Effectiveness Of Salavana Upanaha Sweda With And Without Parisheka On Spasticity In Children With Cerebral Palsy.	Dr Arun Raj G R	RGUqHS	Year 2016

**ID. EDITOR / ADVISOR / PEER REVIEWER / EXE. MEMBER FOR NATIONAL AND INTERNATIONAL RESEARCH JOURNALS / PUBLICATION**

- **Member of Editorial Board & Advisory Board of Journal of Ayurveda**, published from National Institute of Ayurveda, Rajasthan Ayurveda University, Jaipur, Rajasthan
- **Member, Advisory Board, Sreedhareeyam Vison** peer reviewed medical journal of Ayurvedic Ophthalmology (P-ISSN-2231-4024), published from Sreedhareeyam Ayurvedic Research & Development Institute, Kerala
- **Member of Editorial Board of International Journal of Research in Ayurveda & Pharmacy**, an international Peer Reviewed Ayurveda Journal (www.ijrap.net) (P-ISSN-2277-4343, E-ISSN-2229-3566)
- **Director and Chief-Editor of Jnana Srotas**, published from All India Sharira Research Institute, Karnataka Branch (P-ISSN-2321-2896) (www.aisri-jnanasrotas.org/index.php/JS)
- **Executive advisor of Soushruti**, published from SDM College of Ayurveda, Udupi
- **Member of Editorial Advisory Board of Journal of Ayurveda & Holistic Medicine (JAHM)** Peer Reviewed Ayurveda Journal, (www.jahm.in) (E-ISSN-2321-1563)
- **Member of Editorial Board & Advisory Board of Punarnav**, an international Peer Reviewed Ayurveda Journal, (www.punarnav.com) (ISSN-2348-1846)
- **Expert Peer Reviewer / referee in AYU-Quarterly Research Journal**, published from Gujarat Ayurved University, Jamnagar, Gujarat, India, (ISSN: (0974-8520)
- **Expert Peer Reviewer / referee in Natural Product Radiance**, Bimonthly Journal of Natural Products, published from National Institute of Science Communication and Information Resources, CSIR, New Delhi.
- **Member, Advisory Board**, Journal of Research in Traditional Medicine, online journal (www.tmjournal.org)
- **Chief Editor of PIYUSHA, Souvenir of Kaumara-2006**, National Seminar on Kaumarabhritya, published by SDM College of Ayurveda, Hassan, 2006
- **Chief editor, Ayurashmi**, Annual magazine of SDM College of Ayurveda, Hassan
- **Editor-in-Chief, Souvenir of National Workshop on Recent Advances in Embalming & Museum Development Techniques: Akruti-2013**, first edition, (ISBN:9781-62951-2051)published by SDMCA&H, Hassan, 2013
- **Editor-in-Chief, Souvenir of National Colloquium on Dooshi Visha (Cumulative Toxicity): Amrutakala-2014**, first edition, (ISBN: 9781-63102-2944) Published by SDMCA&H, Hassan, 2014
- **Editor-in-Chief, Souvenir of National Seminar and Workshop on Sutika Paricharya: Prajatha-2014**, first edition, published by SDMCA&H, Hassan 2014.
- **Editor-in-Chief, Souvenir of Swastha Kalpana-2014: A National Seminar & Workshop on Pathyahara : A Practical Approach**, first edition, (ISBN : 9781631-024016) Published by SDMCA&H, Hassan, 2014

## IE. RESEARCH PUBLICATIONS IN NATIONAL / INTERNATIONAL INDEX PEER REVIEWED MEDICAL JOURNALS

### Published 55 Research Articles in 24 Journals of National and International Repute

1. **Rao N Prasanna**, Shailaja U, Mallika KJ, Desai S Sheetal, Debnath Parikshit. Traditional Use Of Swarnamrita Prashana As A Preventive Measure: Evidence Based Observational Study In Children. International Journal of Research in Ayurveda and Pharmacy 2012;3(5):634-8.
2. Vijaya kumar B, **Prasanna N Rao**, P Hemanth kumar. A comparative study of Kaseesadi avachurnana and Jatyadi ghrita application in the management of Dushta vrana. International Journal of Research in Ayurveda and Pharmacy 2012;3(6):852-8.
3. Viajaya Kumar B, **Rao Prasanna N**, Hemantha Kumar P. A case discussion on Dusta Vrana (chronic wound). Int J Ayurvedic Medicine (ISSN-0976-5921) 2012;3(1):53-7.
4. Vishvender Singh, **Prasanna N Rao**, Shailaja U, Reena K. Applied aspect of Pranayama in maintaining health PA01.44. Ancient Science of Life(5<sup>th</sup> WAC 2012, Bhopal, 7-10 Dec 12). 2012
5. Rushikesh Tikole, **Prasanna N. Rao**, Shailaja U, Shital Desai. Effect Of Swarnamritaprashana In Recurrent Attacks Of Kasa. E-Journal of Indian Association of Ayurvedic Pediatrics (E-ISSN: 123-456-789) 2013;1(1):6.
6. Arun Raj GR, **Prasanna N Rao**, Shailaja U, Rahul Chougule. Effect of Shvasahara Avaleha in the Management of Tamaka Shvasa in Children. E-Journal of Indian Association of Ayurvedic Pediatrics (E-ISSN: 123-456-789) 2013;1(1);7.
7. Sheshashaye B, Hemantkumar P, **Rao Prasanna N**. A Case Study On Mutrashmari (Urolithiasis) Using Yavaksharadi Yoga. IJRAP;2013;4;138-140.
8. Dr.Vishvender Singh, **Dr.Prasanna N Rao**, Dr.Shailaja U. YOGA AND HEALTH. Proceedings of International conference on Global Scenario of Traditional System of Medicine, Ayurveda, Agriculture and Education – ICGSTSMAAE – 2013 held on January 21 – 22, BHU;2013:418.
9. Sheshashaye B, Hemantha Kumar P, **Prasanna N Rao**. Clinical Study of Yavaksharadi Yoga in the mangament of Mutrashmari (urolithiasis). Int J Res Ayurveda Pharma 2013;4(6)831-5.

10. Chaturvedi Ashutosh, **Rao Prasanna N**, U Shailaja, M Ashvini Kumar. Role of panchakarma in Duchenne muscular dystrophy. *Int. J. Res. Ayurveda Pharm.* 2013;4(2):272-275.
11. Shailaja U, **Rao Prasanna N**, Arun Raj GR, Mallannavar V. Effect of Kumarabharana rasa on chronic tonsillitis in children: A pilot clinical study. *Int. J. Res. Ayurveda Pharm.* 2013;4(2):153-157.
12. Patil Siddanagouda A, **Rao Prasanna N**, Hemantha Kumar P. Effect of Manjistadi Lepa in Traumatic Joint Disorders. *Journal of Ayurveda and Holistic Medicine* 2013;1(1):30-32
13. Thameem Mohammed, Hemantha Kumar P. **Rao Prasanna N. Diagnosis of urinary calculus – an ayurvedic perspective.** *International Ayurvedic Medical Journal.* 2013;1(3):4-6
14. Arun Raj GR, Shailaja U, **Rao Prasanna N**, Preventive Medicine In Children: An Ayurvedic Approach Highlighting Native Vaccinations. *International Journal Of Innovative Research & Development* 2013;2(6):886-893.
15. Shailaja U, **Rao Prasanna N**, Arun Raj GR. Clinical study on the efficacy of Samvardhana ghrita orally and by matrabasti in motor disabilities of cerebral palsy in children. *Int. J. Res. Ayurveda Pharm.* 2277-4343;4(3):373-377.
16. Arun Raj G. R, Shailaja U, **Rao Prasanna N**, Debnath Parikshit, Chronic tonsillitis in children: an ayurvedic bird view. *International Ayurvedic Medical Journal* 1(4)
17. Arun Raj Gr, Shailaja U, **Rao Prasanna N**, Ajayan S The therapeutic potential of ten sacred plants (dashapushpa) of kerala state of southern india *Journal of Ayurveda & Holistic Medicine* 2013;1(3):14-16.
18. Tripathy TB, **Rao Prasanna N**, Shailaja U, Debnath Parikshit, Shivakumar, Abhay Prakash, Arun Raj GR. A community based cross-sectional study: increasing prevalence of type 2 diabetes among rural adult population of Karnataka, India. *Explor Anim Med Res* 2013;3(1):41-7.
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